

## Howard County Local Health Improvement Coalition

Healthy Weight Work Group Meeting

05/30/2019 – 9:00 - 10:30 am

**HYBRID: Remote and In-Person**

Invitation Link: <https://bit.ly/2VklLeR>

Password: HW530

Call-in Number: +1 929 436 2866

Meeting ID: 806 767 5426

**Meeting Goal:** Provide a summary of programs and initiatives that align with the HCLHIC Strategic Plan and identify potential strategies for collaborating with the Dancel Y in Ellicott City, obtain Coalition member feedback and recommendations for the drafted Physical Activity Crosswalk and provide and update on the Food and Nutrition Survey pilot conducted by the Nutrition Action Group and next steps.

### Meeting Agenda

*Meeting will start promptly at 9:00 a.m.*

- I. 9:00 – 9:05 Welcome & Introductions
- II. 9:05 – 9:10 Approval of Minutes and Announcements
- III. 9:10 – 9:30 The Dancel Y in Ellicott City
  - Need-based scholarship goals
  - Events
    - Y Healthy Kids Day – April
    - Happy Healthy Seniors Day – September
    - Monthly events
  - Discussion
- IV. 9:30 – 10:00 Physical Activity Resource Guide/ Crosswalk
- V. 10:00 – 10:05 Healthy Meeting Stretch Break
- VI. 10:05 – 10:25 Food & Nutrition Survey Pilot and Full Survey Process

VII. 10:25 – 10:30 Next Steps for work group and meeting wrap-up

**Future Meeting Dates:**

**Work Group**

August 15, 2019; 9:00 – 10:30 am – Barton A&B

**FULL HCLHIC**

June 27, 2019; 8:30- 10:30 – Susquehanna Room

**Agenda and Minutes:**

Members are encouraged to review the minutes from Full HCLHIC and HCLHIC Work Group Meetings on the website under meeting portal. <http://www.hclhic.org/membership/meeting-portal>

**Member Announcements:**

Members are asked to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming Events: <http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/> . To request an event be added to the HCLHIC Community contact [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov) .

**Inclement Weather Policy:**

In the event of inclement weather please note that the HCLHIC will not meet if the Howard County Government and/or the State of Maryland Government are closed.

In the event that the Howard County Government and/or the State of Maryland Government have a delayed opening, meetings scheduled to begin prior to 10:00 a.m. will be cancelled. Meetings that were scheduled to begin after 10:00 a.m. will be held as scheduled.